



Safeguarding children

1.21 Sun protection procedures

Section 1: Normal summer days (temperatures up to mid to high 20°s)

This procedures in this section apply on a normal summer's day. We have additional procedures when there is a heat wave warning. Please see Section 2, below.

Clothing

- Please send your child to nursery in loose, light-coloured clothing.

Sun cream

- During the summer and on sunny days parents must apply sun cream to their child before bringing them to nursery.
- If your child is with us all day we will give them some cream after lunch which they can put on themselves before we all go out in the afternoon. We will of course help and support children to put the sun cream on when needed.
- The children in Mini Monties will have sun cream applied to their exposed skin after lunch until they are old enough to start applying by themselves.
- We use Nivea Children Sun Spray spf 30 (if available).
- If your child needs a specific sun cream to be applied (perhaps because of an allergy, for example) please bring this to the nursery with your child's name clearly marked on the outside of the bottle.

Sun hats

- We have a box of Legionnaire-style sun hats at the nursery that children wear during outdoor play on sunny days.

Shade

- In the garden we provide an area of shade using a foldaway gazebo which is erected at the beginning of each day.



Limiting exposure on very hot sunny days

- On very hot, sunny days we don't take the children outside between 11.00am and 3.00pm.

Education

- The classroom team will educate children about how the sun can cause damage to their skin and how to protect their skin.
- We will show children how to apply sun cream and support them to do so when necessary.

Section 2: Heat wave warnings (temperatures of high 20's and above)

When an amber or red heat wave warning is issued by the Met Office we will also:

- Ventilate the nursery as much as possible in the mornings when temperatures are at their lowest.
- Use fans to circulate the cooler air.
- Opening the awnings in the outdoor classroom.
- Keep the children out of direct sunlight all day.
- Make sure the children wear our sunhats when outdoors (even in the shade).
- Make sure the children don't engage in vigorous physical activity.
- Provide the children with plenty of cool water and encouraging them to drink more than usual.
- Let you know if your child seems to be distressed by the heat.

If you have any particular concerns about your child that you think we're not aware of, perhaps due to their reaction to hot temperatures, please DM the Manager on Family or email us at info@schoolhousenursery-uckfield.com.

This policy was updated and reviewed in:

Reviewed date	Name	Signature
September 2015	Stuart Watt	
May 2016	Stuart Watt	
August 2016	Stuart Watt	
September 2016	Stuart Watt	
April 2017	Stuart Watt	
April 2018	Lindy Baldwin	
August 2018	Lindy Baldwin	
April 2019	Lindy Baldwin	
May 2019	Stuart Watt	

January 2020	Stuart Watt	
January 2021	Stuart Watt	
January 2022	Stuart Watt	
March 2023	Stuart Watt	